

Mid-Term Reflection

Directions: Please use this worksheet to help you reflect on the semester so far. Fill out the table and the reflective questions below. If you need more space, feel free to continue on the back. You are encouraged with your academic advisor after completing this form to discuss strategies and resources.

Course Name and Number (list all of your classes)	How many hours per week do you spend working on this class, <u>not counting</u> hours in the classroom?	How many times have you missed this class?	What past courses have you finished that are closely related to this class?	Do you like the material you learn in this class?	Do you work on this class every day?	Do you finish all <u>required</u> readings and assignments?	How many <u>extra</u> problems do you try each week for this class?	Have you gone to office hours or any kind of tutoring for this class?
Ex: CHEM 1035	10	3	AP CHEM	... I did like it in high school	No	Yes, both	About 20-30	Just office hours.

Which courses or subjects do you enjoy the most? _____

Are there any outside factors that may be influencing your academic performance? _____

What actions can you take to get back on track? _____

What is your first-choice engineering discipline? _____ Second? _____ Third? _____

If you meet with your academic advisor, please bring this completed document with you to the meeting with your advisor.

It will not be collected, only used as a tool to help facilitate a discussion.