

# Improving Study Skills

1. Time Scheduling
  - a. Review [Tips for Time Management](#)
2. Concentration
  - a. Find a “study” place(s) that you will always use when studying
    - i. This should have good lighting and be relatively free from distractions (TV, roommates, food, distracting views, etc.)
    - ii. If studying for a test, make it as much like the test environment as possible.
  - b. Set a goal for the study time (small, short-range goals are best)
    - i. Examples: read sections 3 through 7, write rough draft of introduction for English paper, complete 2 math problems
3. Problem work
  - a. When working problems, it is important to understanding what you are doing, as well as why you are doing it. This is conceptual learning. Conceptual learning is superior to algorithmic learning, which means to just follow a process without understanding it. To aid in this process, try this technique:
    - i. Draw a **vertical line** down the middle of the page.
    - ii. On the left side of the line, **work out the problem**, leaving lots of space for notes.
    - iii. On the right side, **write out** in words both **what you are doing** and **why you are doing it**. Connect the decisions you are making during problem solving with the concepts, principles, theories, and rules you learned in class.